

CANOE TRIP SURVIVAL FOOD PACK

For a foodpack voor 1 person/week you can expect the following things:

14 meals

- 2x broccoli cheese (Knorr)
- 1x miracoli bolognaise
- 1x miracoli fromage
- 1x ravioli
- 1x pasta al salmone (adventure food)
- 1x goulash (adventure food)
- 1x curry fruit rice (adventure food)
- 1x bean soup (adventure food)
- 1x chicken curry (adventure food)
- 1x sate babi (adventure food)
- 1x chili con carne (adventure food)
- 1x mince beef hotpot (adventure food)
- 1x veggie couscous (adventure food)

OR 14 meals veggie

- 2x broccoli cheese
- 1x pasta funghi
- 1x curry fruit rice
- 1x bean soup
- 1x cashew nasi
- 2x veggie couscous
- 1x mixed vegetables
- 2x vegetable hotpot
- 1x pasta alle Noci
- 2x miracoli fromage

(Adventure food are instant meals that need to be diluted with cold or hot water)

Breakfast

- Cracottes
- Rice cakes
- Choco
- Confiture
- Muesli

Snacks

- Energy bars bananas
- Energy bars cereals
- Peanuts
- Royco soup

Drinks

- Milk powder
- Coffee powder

Extra

- Sponges
- Iron sponge
- Detergent

If you would like to change the foodpack option, you can adjust it in your login zone by pressing the button below :-). (we will make the order on june 4th, so do it before).

More information? You can expect an email in your inbox with all the information 2 weeks before departure.

